

Repentance

All Souls Men's Breakfast

Thought experiment...

What feelings do you associate with 'repentance'?



Thought experiment...

What feelings do you associate with 'repentance'?

JOY



Psalm 32


Of David. A *maskil*.

1 Blessed is the one whose transgressions are forgiven,
whose sins are covered.

2 Blessed is the one whose sin (iniquity) the Lord does not count against them
and in whose spirit is no deceit.

3 When I kept silent, my bones wasted away through my groaning all day long.

4 For day and night your hand was heavy on me;
my strength was sapped as in the heat of summer.



5 Then I acknowledged my sin to you and did not cover up my iniquity.

I said, "I will confess my transgressions to the Lord."

And you forgave the guilt of my sin.

6 Therefore let all the faithful pray to you while you may be found;

surely the rising of the mighty waters will not reach them.

7 You are my hiding place;

you will protect me from trouble and surround me with songs of deliverance.

8 I will instruct you and teach you in the way you should go;

I will counsel you with my loving eye on you.



9 Do not be like the horse or the mule,
which have no understanding but must be controlled by bit and bridle
or they will not come to you.

10 Many are the woes of the wicked,
but the Lord's unfailing love surrounds the one who trusts in him.

11 Rejoice in the Lord and be glad, you righteous;
sing, all you who are upright in heart!



The Blessing of Repentance (v1-2)

Transgression



The Blessing of Repentance (v1-2)

Transgression

Sin



The Blessing of Repentance (v1-2)

Transgression

Sin

Iniquity



The Blessing of Repentance (v1-2)

Transgression

FORGIVEN

Sin

Iniquity



The Blessing of Repentance (v1-2)

Transgression

FORGIVEN

Sin

COVERED

Iniquity



The Blessing of Repentance (v1-2)

Transgression

FORGIVEN

Sin

COVERED

Iniquity

NOT COUNTED AGAINST US



The Blessing of Repentance (v1-2)

A thorough awareness of our sin

AND

A confidence in the mercy of God



The Blessing of Repentance (v1-2)

Example of Peter vs Judas



The Blessing of Repentance (v1-2)

Example of Peter vs Judas

Regret vs Repentance



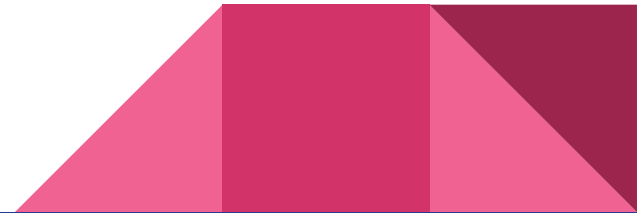
Breakout Rooms - Reflect and Discuss:

- What tends to hinder your repentance?
(e.g. lacking awareness of your sin, lacking confidence in God's forgiveness, regretting but not repenting)

- How has this first section motivated you to repentance?



Consequences of failing to repent (v3-4)



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Consequences of failing to repent (v3-4)

9 Do not be like the horse or the mule,
which have no understanding
but must be controlled by bit and bridle
or they will not come to you.



Consequences of failing to repent (v3-4)

Don't keep silent...
Come to God in repentance



Complete Repentance (v5)

5 Then I acknowledged my sin to you and did not cover up my iniquity.

I said, “I will confess my transgressions to the Lord.”



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Complete Repentance (v5)

5 Then I acknowledged my ***sin*** to you and did not cover up my ***iniquity***.

I said, “I will confess my ***transgressions*** to the Lord.”



Complete Repentance (v5)

Acknowledges sin



Complete Repentance (v5)

Acknowledges sin

Does not cover up iniquity



Complete Repentance (v5)

Acknowledges sin

Does not cover up iniquity

Confesses transgression



Complete Repentance (v5)

Defensiveness rather than repentance?



Complete Repentance (v5)

Defensiveness rather than repentance?

- Divert



Complete Repentance (v5)

Defensiveness rather than repentance?

- Divert
- Distract



Complete Repentance (v5)

Defensiveness rather than repentance?

- Divert
- Distract
- Downplay



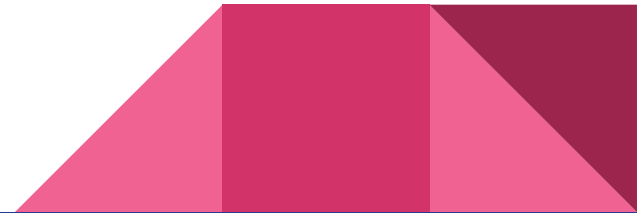
Complete Repentance (v5)

Defensiveness rather than repentance?

- Divert → Honest
- Distract → Ownership
- Downplay → Admits



Complete Forgiveness (v5)

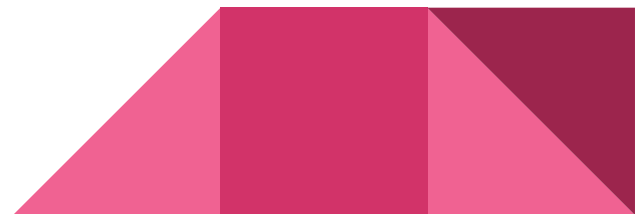


Complete Forgiveness (v5)

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I said, “I will confess my transgressions to the Lord.”

And you forgave the guilt of my sin.



Complete Forgiveness (v5)

...**6** Therefore let all the faithful pray to you while you may be found



Breakout Rooms - Reflect, Discuss and Pray

- What holds you back from complete repentance?
 - Divert (look what I did right)
 - distract (look what they did)
 - downplay (it wasn't that bad)?
- How might God's offer of complete forgiveness help?

Pray about what has most struck you.

