

Homeless Services in the Westminster Area

Day Centres

The Passage

020 7592 1850

St Vincent's Centre, Carlisle Place, London SW1P 1NL

Mon-Fri - Drop in sessions rough sleepers only,
8am-10am breakfast, **12noon-1.30pm** lunch

Day centre for homeless people provides services for those aged 18 + including:

- Advice on housing, benefits, health, alcohol, drugs.
- Help with re-housing.
- Open learning centre for literacy, computer skills.
- Weekly careers guidance.
- Showers, laundry, clothing store.
- Health Services **9.30am-1pm**
(**Nurse:** Mon-Fri **GP:** Mon, Weds, **Chiropodist:** Tues)

The Connection

020 7766 5544

12 Adelaide Street, London WC2N 4HW

Monday – Sunday (ex. Wed) open from **9am - 1pm**
Wednesday – open **9am - 12.30pm**

The centre is open to those who have links to the borough of Westminster providing services for rough sleepers and those in temporary accommodation.

Services include: café, doctor and nurse, advice, clothing store, laundry and showers. Workshops and groups held in the afternoons.

West London Day Centre

020 7569 5900

134 – 136 Seymour Place, Marylebone, London W1H 1NT

Monday – Friday 9am - 11.30 am for services including breakfast, showers, clothing, laundry and healthcare.

Also provide on-going individual and group support each afternoon through advice and recreational services (by appointment only).

Help and support can also be found at:

Salvation Army

020 7629 5424 (Option 4)

Regent Hall Homelessness Services , 10 Princes St. W1C 2DJ

Range of support services for homeless people aged 18+, primarily rough sleepers. Advice, signposting, recreational activities and individual key work appointments. Some clothing. Hot meal during Wednesday drop-in 5.30 - 8pm. Service users can call in any time during opening hours to make an appointment.

Monday	2.30pm - 4pm advice and enquiries & film club
Tuesday	11am JCP advice, and 10am - 1.30pm, 2.30pm - 4pm advice
Wednesday	2.30pm - 4pm advice (appointments only) & 5.30 - 8pm drop-in
Thursday	10am - 12noon advice (appointments only)
Friday	2.30pm - 4pm enquiries & table tennis

Appointments available at other times Monday – Friday by arrangement

Borderline

0800 174047

22 City Road, London, EC1Y 2AJ

Drop in Times: **Mon, Tues, Thurs, Fri 2pm - 4pm.**

Closed Wednesday afternoon.

Available to people born in Scotland or those with a parent born in Scotland, services include: Access to appropriate accommodation, Access to health services, Referral to specialist alcohol/drug and mental health services, A walk-in service and helpline for advice and support, Birth certificates for identification purposes, Financial grants, Advocacy, Help to claim benefits and budgeting support, Access to employment, training & volunteering opportunities, An outreach service.

Cardinal Hume Centre

3/7 Arneway Street, Hoseferry Road, London SW1P 2BG

020 7227 1673

Monday-Thursday 9am - 4.30pm

Friday 12.30 - 4.30pm

If you are Homeless or live in Westminster and are unemployed, living on a low income, finding it difficult to keep your home or simply have nowhere else to turn, please ask us for some advice on 020 7227 1673.

Medical and Health Care

Cardinal Hume Centre – The Surgery

3/7 Arneway Street, Hoseferry Road, London SW1P 2BG

020 7222 8593

The surgery is open **Monday to Friday 10am - 12.30pm and 2pm - 4pm** (except Wednesday afternoon when closed).

If you are homeless and need to see a doctor you can come to the Surgery at the Centre without an appointment and be seen the same day.

The Surgery has two doctors and provides a full range of medical care solely to homeless people from across London. It has a particular focus on the primary care management of substance misuse, alcohol abuse and chronic severe mental illness.

Great Chapel Street Medical Centre

13 Great Chapel Street, London W1F 8FL

020 7437 9360

GP, nurse, visiting drug and alcohol worker, chiropodist, dentist, psychiatrist.

Drop in Surgery:

- **Monday, Tuesday, Thursday 11am - 12.30 & 2pm - 4.30pm**
- **Wednesday & Friday 2pm - 4.30pm**

General Housing Needs

Westminster Housing Options Service

101 Orchardson Street, London NW8 8EA

020 7641 1000

Open **Monday – Friday 10am - 4pm**

Help Lines

Shelterline (freephone) **0808 800 4444** - Advice and information on housing issues

Sane **0845 767 8000** – Mental health advice and support

Childline **0800 1111**

National Drugs Helpline **0300 123 6600**

Refuge **0808 2000 247** - Advice and support on domestic violence.

Sexual Health Information Helpline **0300 123 7123**

On-line Information

www.homelesslondon.org

www.shelter.org.uk

www.cardinalhumecentre.org.uk

Referrals for Accommodation

If you are a single person sleeping rough or in housing, you can seek advice from the day centres listed in this leaflet.